

CALIFORNIA SLEEP SOCIETY

15TH ANNUAL EDUCATIONAL SYMPOSIUM

2022



FRIDAY & SATURDAY, 9.30.22 - 10.1.22

Hilton Sacramento Arden West
2200 Harvard Street, Sacramento, CA



15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

DAY 1

Friday, September 30, 7am-6pm

**7:00AM-8:00AM
8:00AM-8:15AM**

**REGISTRATION / EXHIBITOR DISPLAYS / BREAKFAST
WELCOME ADDRESS
- RAFAEL PELAYO, MD, CSS PRESIDENT**

8:15AM-9:00AM



**JAY PEA, PRESIDENT
SAVE STANDARD TIME
DOES NOT QUALIFY FOR CME CREDITS**

The Politics of Clock Change

9:00AM-9:45AM



**RICHARD PAUL KNUDSEN, MD
OROVILLE HOSPITAL**

Idiopathic Hypersomnia

9:45AM-10:30AM



**JENNIFER MARTIN, PHD, PRESIDENT
AMERICAN ACADEMY OF SLEEP MEDICINE**

Updates from the American Academy of Sleep Medicine

10:30AM-11:00AM

BREAK: COFFEE BREAK/ EXHIBITOR DISPLAYS

11:00AM-11:45AM



**ANOOP KARIPPOT, MD
AKANE INSTITUTE
CO-SPEAKER: MISS ESHA NAIR**

Suicide and Depression in Young and Old - Loss to
Humanity in the Raging World

11:45AM-12:30PM



**ALANA SHERRILL, BA, CCSH, RPSGT
BIRCH BEHAVIORAL HEALTH AND SLEEP MEDICINE-
UC IRVINE HEALTH**

The Sleep Technologist vs Implantable Devices:
Embracing New Technologies

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

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Friday, September 30, 7am-6pm

12:30PM-2:00PM LUNCH / NETWORKING

1:15PM-1:45PM

SPONSORED PRODUCT PRESENTATION - ENSODATA DOES NOT QUALIFY FOR CME/CEU/CDE CREDITS



CINDY BRADEN, SENIOR VICE PRESIDENT SALES ENSODATA

Compare and Contrast: Artificial Intelligence (AI) Scoring
and Auto Scoring in Sleep Medicine

2:00PM-2:45PM

SAM A. KASHANI, MD UCLA HEALTH



Bridging the Gap: Barriers and Strategies to Improve
Access and Delivery of Behavioral Treatments for
Insomnia

2:45PM-3:30PM

JAN-MITCHEL PONCIANO, RPSGT L&T TECHNOLOGIES



Bi-level Spontaneous/Timed vs Adaptive Servo Ventilation
for Treatment of Central Sleep Apnea and Complex Apnea
Understanding the Differences

3:30PM-4:15PM

DENNIS HWANG, MD KAISER PERMANENTE SAN BERNARDINO COUNTY SLEEP DISORDERS CENTER



Fully Integrated: Harness the Power of EMR & Testing
Device Interoperability

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

DAY 1

Friday, September 30, 7am-6pm

4:15PM-4:30PM

BREAK: COFFEE BREAK / EXHIBITOR DISPLAYS

4:30PM-5:15PM

**MUSTAPHA KHEMAR BALLAHO, MBA, RPSGT
UNIVERSITY OF SOUTHERN CALIFORNIA**



PAP Compliance - a Technical Perspective

5:15PM-6:00PM

**AMBER ALLEN, BA, AAS, RPSGT, RST, CCSH
BOARD OF REGISTERED POLYSOMNOGRAPHIC
TECHNOLOGISTS**



Expanding the Sleep Tech Role with CCSH

6:00PM-7:00PM

NETWORKING / EXHIBITOR DISPLAYS / HOSTED BAR

7:00PM

**DINNER / ENTERTAINMENT
MUSICIAN, DJ AND KARAOKE BY STEPHEN "DOC" DIBBLE**

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

DAY 2

Saturday, October 1, 7am-5:30pm

**7:00AM-8:00AM
8:00AM-8:10AM**

**REGISTRATION / EXHIBITOR DISPLAYS / BREAKFAST
INTRODUCTION & CSS 2022 BOARD ELECTION UPDATE
- RAFAEL PELAYO, MD, CSS PRESIDENT**

8:10AM-8:55AM



**RICHARD CASTRIOTTA, MD
UNIVERSITY OF SOUTHERN CALIFORNIA |
KECK SCHOOL OF MEDICINE**

Cardiovascular Consequences of Sleep-Disordered Breathing

8:55AM-9:40AM



**HYERAN CHOO, DDS, DMD, MS
STANFORD UNIVERSITY SCHOOL OF MEDICINE
LUCILE PACKARD CHILDREN'S HOSPITAL STANFORD**

Stanford Protocol for the Management of Neonatal Obstructive Sleep Apnea Using the Nonsurgical Split Orthodontic Airway Plate

9:40AM-10:25AM



**KIRAT GILL, MD
STANFORD UNIVERSITY SCHOOL OF MEDICINE**

COPD-OSA Overlap Syndrome

10:25AM-10:45AM

BREAK: COFFEE BREAK / EXHIBITOR DISPLAYS

10:45AM-11:30AM



**ANDREW KRYSTAL, MD, MS
UNIVERSITY OF CALIFORNIA SAN FRANCISCO**

Sleep and Major Depression

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

DAY 2

Saturday, October 1, 7am-5:30pm

11:30AM-12:15AM



**ANAHID HEKMAT, MD
STANFORD UNIVERSITY**

The Concept of Circadian Medicine: History, Current Practice and Future Direction

12:15PM-1:30PM

LUNCH / NETWORKING

12:45PM-1:15PM



**SPONSORED PRODUCT PRESENTATION - HARMONY
BIOSCIENCES**
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**SAM A. KASHANI, MD
UCLA HEALTH**

WAKIX, a Treatment for Excessive Daytime Sleepiness (EDS) or Cataplexy in Adults with Narcolepsy

1:30PM-2:15PM



**AUDREY YOON, DDS, MS
STANFORD UNIVERSITY, SLEEP MEDICINE
UNIVERSITY OF PACIFIC, ORTHODONTICS**

Growth Modification Protocol for Children with Sleep Disordered Breathing

2:15PM-3:00PM



**GWYNNE CHURCH, MD
UNIVERSITY OF CALIFORNIA SAN FRANCISCO**

New and Emerging Treatments for Pediatric OSA

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DAY 2

Saturday, October 1, 7am-5:30pm

3:00PM-3:45PM



**SANJAY DOSHI, DDS, BDS
UNIVERSITY OF SOUTHERN CALIFORNIA**

Dental Management of Patients Using Oral Appliance
Therapy

3:45PM-4:00PM

BREAK: COFFEE BREAK / EXHIBITOR DISPLAYS

4:00PM-4:45PM



**STANLEY YUNG-CHUAN LIU, MD, DDS, FACS
STANFORD UNIVERSITY SCHOOL OF MEDICINE**

Sleep Surgery: It's About Restoring Missed Milestones in
Growth and Development

4:45PM-5:30PM



**KATHRYN HANSEN, BS, CP, CPMA
INTEGRATION CONSULTANTS, LLC
SOCIETY OF BEHAVIORAL SLEEP MEDICINE**

Documentation: A Pathway to Preventing Billing
Nightmares

5:30PM

MEETING ADJOURNED

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

ACCREDITATION

CONTINUING MEDICAL EDUCATION INFORMATION

The AAFP has approved a maximum of 14.25 Live AAFP Prescribed credits. Term of approval is from September 30, 2022, to October 1, 2022. Please note that the lecture "The Politics of Clock Change" was denied credit.

CONTINUING SLEEP TECHNOLOGY EDUCATION INFORMATION

This year's Symposium has been approved for a maximum of 14.25 contact hours CSTE credit by the Board of Registered Polysomnographic Technologists

CONTINUING DENTAL EDUCATION INFORMATION

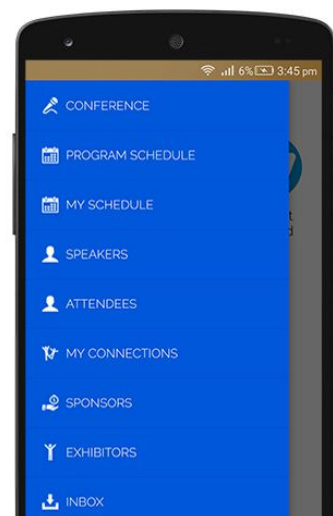
CSS is a Dental Board of California Registered Education Provider. One unit of credit for each hour of class instruction with a maximum of eight hours per day will be offered.

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- The App Store for iPhone.
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COURSE DIRECTORS

Rafael Pelayo, MD, FAASM

President, California Sleep Society
Clinical Professor, Department of Psychiatry and Behavioral Science
Stanford University School of Medicine; Stanford Sleep Disorder Clinic

Anoop Karippot, MD, CBSM, FAASM, RPSGT

Immediate Past President, California Sleep Society
Medical Director - AKANE Institute of Allergy, Asthma and Sleep Medicine
Medical Director - Palomar Health Sleep Disorders Center

Patrick Moday, RPSGT, RST, CCSH, CCRC

President-Elect
Senior Registered Polysomnographic Technologist - Torrance Memorial Sleep Disorders Center

Andrew Binder, MD, FAASM

Medical Director - Ventura Sleep Disorder Center
Director of Medical Physiology - Ventura Advanced Surgical Associates

CSS EDUCATION COMMITTEE MEMBERS

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Eric Young, RPSGT
Robyn Woidtke, MSN, RN, RPSGT, CCSH
Patricia Stiger, RPSGT, RCP

CSS EXECUTIVE DIRECTOR

Andrew Nachman
Event Coordinator: Leigh Gallagher

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companion that improves
breathing and settles the mind.



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