CALIFORNIA SLEEP SOCIETY

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

FRIDAY & SATURDAY, 9.30.22 - 10.1.22

Hilton Sacramento Arden West
2200 Harvard Street, Sacramento, CA

CALIFORNIASLEEPSOCIETY.ORG

EARN CME/CEU CREDITS

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

DAY 1

Friday, September 30, 7am-6pm

7:00AM-8:00AM **REGISTRATION / EXHIBITOR DISPLAYS / BREAKFAST**

8:00AM-8:15AM **WELCOME ADDRESS**
- RAFAEL PELAYO, MD, CSS PRESIDENT

8:15AM-9:00AM

JAY PEA, PRESIDENT
SAVE STANDARD TIME

The Politics of Clock Change

9:00AM-9:45AM

RICHARD PAUL KNUDSEN, MD
PULMONARY AND SLEEP ASSOCIATES OF MARIN

Idiopathic Hypersomnia

9:45AM-10:30AM

JENNIFER MARTIN, PHD, PRESIDENT
AMERICAN ACADEMY OF SLEEP MEDICINE

Updates from the American Academy of Sleep Medicine

10:30AM-11:00AM **BREAK: COFFEE BREAK/ EXHIBITOR DISPLAYS**

11:00AM-11:45AM

ANOOP KARIPPOT, MD
AKANE INSTITUTE

Suicide and Depression in Young and Old - Loss to Humanity in the Raging World

11:45AM-12:30PM

ALANA SHERRILL, BA, CCSH, RPSGT
BIRCH BEHAVIORAL HEALTH AND SLEEP MEDICINE-UC IRVINE HEALTH

The Sleep Technologist vs Implantable Devices: Embracing New Technologies

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

DAY 1

Friday, September 30, 7am-6pm

12:30PM-2:00PM **LUNCH / NETWORKING**

2:00PM-2:45PM

SAM KASHANI, MD
UCLA HEALTH

Bridging the Gap: Barriers and Strategies to Improve Access and Delivery of Behavioral Treatments for Insomnia

2:45PM-3:30PM

JAN-MITCHEL PONCIANO, RPSGT
L&T TECHNOLOGIES

Bi-level Spontaneous/Timed vs Adaptive Servo Ventilation for Treatment of Central Sleep Apnea and Complex Apnea Understanding the Differences

3:30PM-4:15PM

DENNIS HWANG, MD
KAISER PERMANENTE SAN BERNARDINO COUNTY SLEEP DISORDERS CENTER

Fully Integrated: Harness the Power of EMR & Testing Device Interoperability

4:15PM-4:30PM **BREAK: COFFEE BREAK / EXHIBITOR DISPLAYS**

4:30PM-5:15PM

MUSTAPHA KHEMAR BALLAHO, MBA, RPSGT
UNIVERSITY OF SOUTHERN CALIFORNIA

PAP Compliance - a Technical Perspective

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

DAY 1

Friday, September 30, 7am-6pm

5:15PM-6:00PM

AMBER ALLEN, BA, AAS, RPSGT, RST, CCSH
BOARD OF REGISTERED POLYSOMNOGRAPHIC TECHNOLOGISTS

Expanding the Sleep Tech Role with CCSH

6:00PM-7:00PM **NETWORKING / EXHIBITOR DISPLAYS / HOSTED BAR**

7:00PM **DINNER / ENTERTAINMENT**

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

DAY 2

Saturday, October 1, 7am-5:30pm

7:00AM-8:00AM **REGISTRATION / EXHIBITOR DISPLAYS / BREAKFAST**

8:00AM-8:10AM **INTRODUCTION & CSS 2022 BOARD ELECTION UPDATE - RAFAEL PELAYO, MD, CSS PRESIDENT**

8:10AM-8:55AM

RICHARD CASTRIOTTA, MD
UNIVERSITY OF SOUTHERN CALIFORNIA | KECK SCHOOL OF MEDICINE

Cardiovascular Consequences of Sleep-Disordered Breathing

8:55AM-9:40AM

HYERAN CHOO, DDS, DMD, MS
STANFORD UNIVERSITY SCHOOL OF MEDICINE
LUCILE PACKARD CHILDREN'S HOSPITAL STANFORD

Stanford Protocol for the Management of Neonatal Obstructive Sleep Apnea Using the Nonsurgical Split Orthodontic Airway Plate

9:40AM-10:25AM

KIRAT GILL, MD
STANFORD UNIVERSITY SCHOOL OF MEDICINE

COPD-OSA Overlap Syndrome

10:25AM-10:45AM **BREAK: COFFEE BREAK / EXHIBITOR DISPLAYS**

10:45AM-11:30AM

ANDREW KRYSTAL, MD
UNIVERSITY OF CALIFORNIA SAN FRANCISCO

Sleep and Major Depression

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

DAY 2

Saturday, October 1, 7am-5:30pm

11:30AM-12:15AM

ANAHID HEKMAT, MD
STANFORD UNIVERSITY

The Concept of Circadian Medicine: History, Current Practice and Future Direction

12:15PM-1:30PM **LUNCH / NETWORKING**

1:30PM-2:15PM

AUDREY YOON, DDS, MS
UNIVERSITY OF CALIFORNIA LOS ANGELES
STANFORD UNIVERSITY, SLEEP SURGERY

Growth Modification Protocol for Children with Sleep Disordered Breathing

2:15PM-3:00PM

GWYNNE CHURCH, MD
UNIVERSITY OF CALIFORNIA SAN FRANCISCO

New and Emerging Treatments for Pediatric OSA

3:00PM-3:45PM

SANJAY DOSHI, DDS, BDS
UNIVERSITY OF SOUTHERN CALIFORNIA

Dental Management of Patients Using Oral Appliance Therapy

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

DAY 2

Saturday, October 1, 7am-5:30pm

3:45PM-4:00PM **BREAK: COFFEE BREAK / EXHIBITOR DISPLAYS**

4:00PM-4:45PM

STANLEY YUNG-CHUAN LIU, MD, DDS, FACS
STANFORD UNIVERSITY SCHOOL OF MEDICINE

Sleep Surgery: It's About Restoring Missed Milestones in Growth and Development

4:45PM-5:30PM

KATHRYN HANSEN, BS, CP, CPMA
INTEGRATION CONSULTANTS, LLC
SOCIETY OF BEHAVIORAL SLEEP MEDICINE

Documentation: A Pathway to Preventing Billing Nightmares

5:30PM **MEETING ADJOURNED**

ACCREDITATION

CME INFORMATION

COMING SOON!

CEU INFORMATION

COMING SOON!

CDE INFORMATION

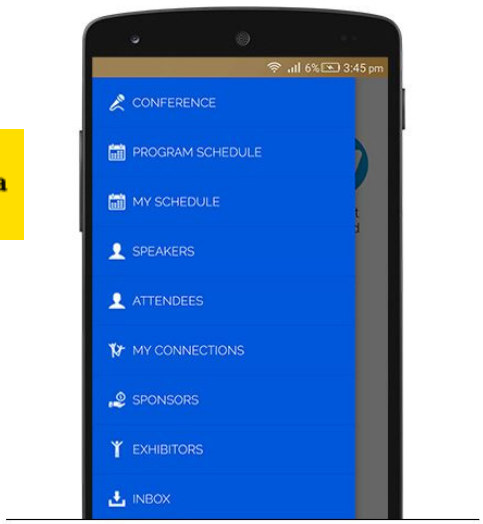
CSS is a Dental Board of California Registered Education Provider. One unit of credit for each hour of class instruction with a maximum of eight hours per day will be offered.

EVENT APP, DRYFTA

Download the Event App and stay connected!
To download, visit:

- Google Play and search for Dryfta event app, or
- The App Store for iPhone.
- Then, search for the conference: CSS2022
- Enter your email and password (a link to set up your password was emailed when your registration was added to the app

Dryfta



Using this event app, attendees can:

- Update their profile,
- View speakers, the Symposium agenda, fellow attendees, and sponsors and their representatives.

THANK YOU TO OUR SPONSORS

DIAMOND LEVEL:

PLATINUM LEVEL:

Jazz Pharmaceuticals®

ResMed

California Sleep Society

THANK YOU TO OUR SPONSORS

GOLD LEVEL:

betternight

Inspire
Sleep Apnea Innovation

SLEEPQUEST
Power Up

ZOLL

SILVER LEVEL:

ensodata

Fisher & Paykel HEALTHCARE

idorsia

MVAP
MEDICAL SUPPLIES INC

PANTHERA DENTAL

ProSomnus
SLEEP TECHNOLOGIES

sleep image

SomnoMed
Treatment Focused | Technology Driven

somnoware

15TH ANNUAL EDUCATIONAL SYMPOSIUM 2022

California Sleep Society

COURSE DIRECTORS

Rafael Pelayo, MD, FAASM
President, California Sleep Society
Clinical Professor, Department of Psychiatry and Behavioral Science
Stanford University School of Medicine; Stanford Sleep Disorder Clinic

Anoop Karippot, MD, CBSM, FAASM, RPSGT
Immediate Past President, California Sleep Society
Medical Director - AKANE Institute of Allergy, Asthma and Sleep Medicine
Medical Director - Palomar Health Sleep Disorders Center

Patrick Moday, RPSGT, RST, CCSH, CCRC
President-Elect
Senior Registered Polysomnographic Technologist - Torrance Memorial Sleep Disorders Center

Andrew Binder, MD, FAASM
Medical Director - Ventura Sleep Disorder Center
Director of Medical Physiology - Ventura Advanced Surgical Associates

CSS EDUCATION COMMITTEE MEMBERS

Rafael Pelayo, MD, FAASM, Chair
Anoop Karippot, MD, CBSM, FAASM, RPSGT
Andrew Binder, MD, FAASM
Patrick Moday, BBA, RPSGT, RST, CCSH, CCRC
Eric Young, RPSGT
Robyn Woidtke, MSN, RN, RPSGT, CCSH
Patricia Stiger, RPSGT, RCP

CSS EXECUTIVE DIRECTOR

Andrew Nachman
Event Coordinator: Leigh Gallagher